AROHE

Transforming Retirement

Association of Retirement Organizations in Higher Education

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December 2015

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Presidential Notes



Dear Colleagues:

AROHE wants to know about your needs and priorities. Your input impacts future program plans and the program for the August 2016 biennial conference.

Under separate cover you

should have been notified of a brief survey and its link. If that communication missed you, please share your feedback at:

https://www.surveymonkey.com/r/AROHE15. All survey participants may participate in a drawing for two \$50 Amazon gift cards.

AROHE Matters

Please know that you may share this resource with members of your association/institution.

2016 Conference

In this issue is the latest information about the August 2016 biennial conference at the University of Washington in Seattle. One of our plenary session speakers will be Fernando Torres-Gil, Professor of Social Welfare, Professor of Public Policy, and Director of the Center for Policy Research on Aging at the UCLA Luskin School of Public Affairs. Prof Torres-Gil is also an Adjunct Professor of Gerontology at USC. He has written six books and over I00 publications, including The New Aging: Politics and Change in America (1992) and Lessons from Three Nations, Volumes I and II (2007). His academic contributions have earned him membership in the prestigious Academies of Public Administration, Gerontology and Social Insurance. His research spans important topics of health and long-term care, disability, entitlement reform, and the politics of aging.

Encore Network Collaboration

Since our last newsletter, AROHE has joined others in a collaboration with the Encore Network and Encore.org and Encore U. Initially AROHE and Encore will explore how to leverage the capacity of both organizations to enhance and expand

initiatives in communities where we have a presence. AROHE and Encore recognize that our retirees and future retirees represent a tremendous asset to their institutions and communities. Together, we will explore how best to support the recognition and engagement of this asset for the benefit of both the institution and the community.

Host for 2018 Conference

Will you host the 2018 AROHE biennial conference? Applications to host the 2018 AROHE 9th biennial conference are now being accepted. Contact AROHE Executive Director, Janette Brown, at jcbrown@usc.edu to answer questions and to receive the 2018 Conference Site Selection Proposal.

ACE/Sloan Conference

In the next issue of AROHE Matters we will report on the ACE/Sloan conference in Southern California, January 11-12, 2016. Detailed information should you wish to attend is contained further along in this newsletter.

Be Well,

Patrick C. Cullinane, President, AROHE

Retirement Is Changing - AROHE 2016 Conference

What changes are emerging in higher education to transform the retirement experience and why? How can university retirement associations and departments effectively champion this transformation through our institutions?

The theme of the <u>8th AROHE biennial national conference</u>, scheduled for August 14-16, 2016 at the University of Washington in Seattle, is "**Transforming Retirement: Re-Writing Life's Next Chapter**". The last two conferences held in Minnesota (2014) and North Carolina (2012) brought together higher education retirees and leaders from across the continent to explore effective retiree participation and connection as part of campus communities. Now, retirement itself is changing.

This 2016 conference offers you tools to strengthen association and concerned campus departments for the future and position your organization as a catalyst for change at your universities.

- Do your recent and soon-to-be retirees increasingly have new interests and goals? How will your institution respond to these new directions through programming, publicity, outreach, and retiree engagement?
- What is your association's status with your university? Which campus
 departments are engaged? How can you strengthen your value in the eyes of
 your administration and campus, position yourself as an asset to be tapped for
 benefit to campus research, teaching and service?

Higher education faces the double dilemma of too few faculty retiring, causing an aging professoriate – or too many staff and faculty retiring, causing a significant loss of the university's experienced brain trust.

 What are effective strategies for mutually beneficial collaborations between campus departments and retirement associations to strengthen advocacy for university policy flexibility and post-retirement roles? How can we work to create smoother retirement transitions and meaningful re-engagement for our own retirees?

Universities and retirement associations are in a position to influence cultural change to integrate the gifts of older adults into the fabric of the future. Let's get together and strategize about how we can move the bar, networking with each other and with AROHE.

Watch for upcoming information from AROHE on conference registration. Start planning your Pacific Northwest vacation around these August conference dates and add a visit to Washington, Oregon or British Columbia to your travels.

Healthy Aging Policy Brief

The White House Conference on Aging has released a policy brief on healthy aging, a key focus area for the 2015 Conference. The <u>Policy Brief on Healthy Aging</u> examines how Americans can enjoy long and healthy lives by maximizing their physical, mental, and social well-being.

Members of the public are encouraged to share their thoughts in the comments section of the brief. By providing input, you will be contributing to the 2015 Conference in a meaningful way. More briefs will be released in the coming weeks on other key topics including long-term services and supports, elder justice, and retirement security.

Member Highlight

The University of Cincinnati Emeriti Association is investigating the development

of an Emeriti College at their institution. To this end, the Emeriti Board invited Gray Crouse, Director of the Emeritus College at Emory University, and John Bugge, Chairman of the Executive Committee of the Emeritus College which oversees Emory's Emeriti College activities, and also a member of the AROHE Board, to visit as voluntary consultants in late October.

The purposes of the two days of meetings were to discuss the justification for a new Emeriti College, what might be the optimum new formal structure within the Provost's office and what would be the necessary components and resources needed. The President and Provost of the University of Cincinnati participated in the deliberations. As a direct result of the meeting, their Emeriti Board has developed a formal proposal for the creation of a new Emeriti College.

Webinar: Benefits that Help you Afford Medicare Costs

The Medicare Rights Center is pleased to announce a FREE webinar, *Benefits that Help You Afford Medicare Costs*, on Tuesday, December 15 at 3:00 p.m. EST.

This one-hour web presentation will cover:

- Roles of federal, state and local governments in administering benefits
- Overview of Extra Help for Medicare drug costs
- Types of Medicare Savings Programs (MSPs) and benefits
- What to know about MSP enrollment and recertification
- Useful case examples illustrating how each program works

Visit our web site for more information and to register.

Space is limited, so please be sure to join the live event a few minutes before 3:00 p.m. Eastern Time. Every registrant will receive a recording of this webinar following the live presentation. So even if you are unable to make it the day of, go ahead and register to view the session later!

And for Medicare questions, remember to call our free helpline, where a Medicare counselor will work with you one-on-one. Our helpline number is 800-333-4114. We hope you can join us!

ACE/Sloan Conference: Navigating Retirement Transitions

The American Council on Education would like to invite you to join the ACE/Sloan Sharing the Knowledge: Navigating Retirement Transitions conference, hosted by the University of Southern California, January 11-12, 2016.

This <u>free</u> conference will feature keynote speaker **Julie M. Zissimopoulos**, Associate Director, Leonard D. Schaeffer Center for Health Policy and Economics, Assistant Professor, Sol Price School of Public Policy, University of Southern California, Co-Director, Resource Center for Minority Aging Research at the

University of Southern California, and Network Associate, MacArthur Foundation Research Network on an Aging Society. **Paul J. Yakoboski**, Senior Economist, TIAA-CREF Institute will also be speaking and there will be three panels: *Late-career Vitality and Transition into Retirement, Post-retirement and Encore Opportunities,* and *Culture Change at Institutions and the Establishment of Retirement Organizations*.

Attendees will:

- 1. Hear how an aging population will impact higher education as an industry.
- 2. Learn about the current state of faculty in-depth research.
- 3. Identify strategies and tools that you can adapt/modify for your campus.

Attendees will also have the opportunity to create and join a learning network. Grant money will be available to each learning network to further discussion beyond the conference. This grant may also be used for informal meetings, seed money for the establishment of a retiree association, or any other action that advances the learning network's discussion topic.

To attend, please <u>register here</u>. If you would like to stay at the conference hotel, we have rooms reserved at a discounted rate at the <u>USC Radisson</u>. Use code **KNWLDG** for the discount. The promotional code is valid only for the nights of Jan. 10th and 11th; however, call 213-748-4141 to see if additional nights may be available at the same rate. The last day to make reservations with this code is December 24th.

Retirees Value to Society the Subject of Research

For the past 20 years, Age Wave, a research, consulting and communication industry, has specialized in the conceptualization, design, execution, and promotion of landmark national and global studies exploring key trends and their implications for the aging of America. "Work in Retirement: Myths and Motivations" and "Giving in Retirement: America's Longevity Bonus" are two of these research studies discussing the value of the volunteer hours retirees contribute to society.

In addition, the Huffington Post recently published two articles of interest by Age Wave's director, Ken Dychtwald, "Unleashing the \$8 Trillion Longevity Bonus" and "Success Redefined: The Personal Impact Of The \$8 Trillion Longevity Bonus". Both articles also discuss the value of the volunteer hours retirees contribute to society.

AROHE Services and Programs

AROHE provides a variety of services to its members and member organizations. For members who are forming new retiree organizations or developing new programs for retired faculty and staff, AROHE offers the following resources, in addition to a Start Up Kit, geared toward newly-established groups. Membership

benefits include:

- A Biennial Conference is AROHE's most significant undertaking. It brings retiree organization leaders from across North America together for two full days of workshops, forums and networking opportunities.
- AROHE Matters is an electronic newsletter that is sent every other month to AROHE members and non-members. Please SHARE this resources with your members. The newsletter includes such items as links to useful resources, descriptions of successful practices, results of surveys and profiles of AROHE members.
- The AROHE website featuring:
 - **-An online member directory** allowing members to search for and seek assistance from other member organizations that will be most aligned with their needs.
 - **-An online discussion forum** for members to share ideas or to ask questions of other members.
 - **-Member-shared resources** in these topical areas: programs and events, awards and recognition, fundraising and scholarships, volunteers and service, communications and marketing, surveys and reports, organization management and pre-retirement programs.
- A new mentoring program which pairs new or less-experienced members with more experienced members for one-on-one consultation.

Join us. We invite your input. Share your ideas, needs, and concerns at info@arohe.org. Join AROHE and help transform retirement in higher education.

About AROHE

AROHE's mantra is "Transforming Retirement".

AROHE is a nonprofit association that champions transformative practices to support all stages of faculty and staff retirement, their mutually beneficial engagement and continuing contributions to their academic institutions. By sharing research, innovative ideas and successful practices, AROHE emphasizes the development and enhancement of campus-based retiree organizations and programs which support this continuing engagement in higher education.

Paid organizational memberships allow member benefits for up to eight people per organization and start at just \$120 per year for retiree organizations with annual budgets under \$50,000.

Learn more at http://arohe.org or contact AROHE at info@arohe.org or 213-740-

5037.

AROHE Board Members are volunteers who are leaders from associations of retired faculty and staff, administrators of campus-based retiree centers or emeriti colleges or other campus department administrators who oversee programs for academic retirees.

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