

Reimagining Retirement 2024

Dr. Michelle Silver's Recommended Reading List and References

Books

- Applewhite, Ashton. ***"This Chair Rocks: A Manifesto Against Ageism"***, Celadon Books, Reprint edition (August 11, 2020), **ISBN-10** : 1250297257, **ISBN-13** : 978-1250297259
- Lightfoot, Sara Lawrence, ***"The Third Chapter: Passion, Risk, and Adventure in the 25 Years After 50."*** Sarah Crichton Books; First Edition (December 22, 2009), **ISBN-10** : 0374532214, **ISBN-13** : 978-0374532215
- Jenkins, Patrice, ***"What Will I Do All Day? Wisdom To Get You Over Retirement and On With Living!"***, Bowker; First Edition (April 30, 2022), **ISBN-10** : 0692002138, **ISBN-13** : 978-0692002131
- Moen, Phyllis, ***"Encore Adulthood: Boomers On The Edge Of Risk, Renewal, and Purpose"***, Oxford University Press; Illustrated edition (May 4, 2016), **ISBN-10** 0199357285: , **ISBN-13** : 978-0199357284
- Garcia, Hector, Miralles, Francesc. ***"Ikigai: The Japanese Secret to a Long and Happy Life"***. Penguin Life; Illustrated edition (August 29, 2017), **ISBN-10** : 0143130722, **ISBN-13**:978-0143130727
- Pipher, Mary. ***"Women Rowing North: Navigating Life's Currents and Flourishing as We Age"***. Bloomsbury Publishing; Reprint edition (March 3, 2020), **ISBN-10** : 1632869616, **ISBN-13**978- : 1632869616
- Silver, Michelle P., ***"Retirement and Its Discontents: Why We Won't Stop Working, Even If We Can"***. Bloomsbury Publishing; Reprint edition (March 3, 2020), **ISBN-10** : 1632869616, **ISBN-13** : 978-1632869616
- Smith, Hyrum W., Covey, S.M. R. ***"Purposeful Retirement: How to Bring Happiness and Meaning to Your Retirement"***, Mango, (March 14, 2017), **ISBN-10** : 1633535037, **ISBN-13** : 978-1633535039
- Honore', Carl, ***"Bolder"***, Simon & Schuster UK, (December 26, 2019), **ISBN-10** : 1471164381
ISBN-13 : 978-1471164385
- Rauch, J., ***"The Happiness Curve: Why Life Gets Better After 50"***, Picador; Reprint edition (May 7, 2019), **ISBN-10** : 1250080916, **ISBN-13** : 978-1250080912

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- Lawrence-Lightfoot, S. (2009). *The third chapter: Passion, risk, and adventure in the 25 years after 50*. Sarah Crichton Books.
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- Rauch, J. (2018). *The Happiness Curve: Why Life Gets Better After 50*. Thomas Dunn Books.
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- Silver, M.P., & Williams, S.A. (2018). Reluctance to retire: An intergenerational perspective on work identity and retirement from academic medicine. *The Gerontologist*, 58(2): 320-330. Doi:10.1093/geront/gnw142
- Silver, M.P. (2017). Physician retirement: Gender, geography, flexibility, and pensions. *Canadian Medical Association Journal (CMAJ)*, 189(49):E1507-8. Doi:10.1503/cmaj.171302
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